

WM '20

NOWY TERMIN: 25-26.07.2020

2 days event included in Polish Central Calendar and Polish Ranking

Regional Championships In Middle Distance (Saturday, 25.07.2020)

E1: 2 memorial races: Heleny Zielczyńskiej i Andrzeja Berenta (M70)

E2: 2 memorial races: Andrzeja Pasionka (M60) i Andrzeja Kędziorka (M70)

BULLETIN 2

(19.07.2020)

WWW.WARSZAWSKAMILA.PL

PATRONAT HONOROWY

Artur DELEGACZ, Forestry Chief Officer - Drewnica

ORGANIZER

Fundacja Rozwoju Polskiej Orientacji Sportowej

Klub Sportowy Spójnia Warszawa

SPONSORS

Bureau of Sport of the City of Warsaw.

Warszawski Rolno-Spożywczy Rynek Hurtowy SA

ZAZU Sports, SIGN SPORT Polska.

Projekt współfinansuje m.st. Warszawa



SUPPORT

Polish Forests Drewnica – host of the event center

Voluntary Fire Fighters – safety during the race

Polish Orienteering Association

SPORTident Polska – online control & results

EVENT CENTER

- In the Event Center you will find Event Office, SI Readout, Parking and Toilets
- Please keep social distancing, min. 1,5m between runners during visit in toilet, Office, readout, on the way to start
- Parking will be prepared and guarded In the way to secure social distancing
- Parking fee 5zł/day (10zł/2 days)
- Where social distancing is not possible to follow it is obligatory to wear a mask – Office, Toilets, etc
- Due to sanitary reason there will be no place to wash after the race; wear mask during visit In toilet
- We recommend to minimize time spent In the Event Center – come ready to run; leave the area shortly after finishing
- Start and finish is away the event Centre – please keep social distancing on the way – no need to wear a mask during the race
- Only online results www.warszawskamila.pl/live.html

COMPETITION OFFICE

- There will be sanitizer before going into the Event Office
- Please minimize the time at the Office; preferably payment via bank transfer or by card
- Only one person per club should receive the start package
- Start package contains Start number, pins, additional control description, Bulletin, maps with way to start on Stage 2
- In order to Get the invoice please send an email before event
- All changes should be send via email.
- The gifts from sponsor will be distributed In August

START

- Interval start, Only 4 persons per minute; Open classes has free start
- Entering the start box please use sanitizer
- CLEAR and CHECK In first box – CHECK is obligatory In order to mark those not started
- Maps In 2nd box
- For Open classes stadion START is set to work In contact mode
- On the way to the start you will pass the finish area; you can leave your clothes In the tent there
- No toilets at the start
- Way to the start will be marked with blue stripes

COURSES

- Controls will be set into contactless punching
- Maps are water resistant
- There is one radiocontrol In the forest; not all classes will go through it.
- Time limit is 90 minutes on both days
- R course for beginners will be marked with red stripes

FINISH

- On the finish line there is loop antenna for SIAC sers, and normal stadion for older SI cards
- After finishing runner should go directly to the Event Center to read out the SI card
- Water at the finish line will be distributed In plastic bottles. Please take you empty bottle with you.

ORGANIZING COMMITTEE

Event Director	Tadeusz Patejko
Technical Director	Konrad Janowski
Maps	Jerzy Parzewski
Timing	Przemysław Patejko
Course setter	Jerzy Parzewski

EVENT CENTER

Leśniczówka Horowa Góra, ul. Nadma - Jaworówka 8B, Marki; GPS: 52°21'40"N 21°08'42"E / 52.361111, 21.145000



PROGRAM

25.07., Saturday	12:00-14:00	E1	Event Office
	14:00	E1	00 – stage 1
26.07., niedziela	10:00-11:00	E2	Event Office
	11:00	E2	00 – stage 2

Last start minutes, and finish closing time (last start time +90minutes) will be published on website and FB.

There will be no traditional prize giving ceremony. We will try to distribute prizes during the event Or post it afterwards.

CLASSIFICATION

Sum of Times during Stage 1 and Stage 2 counts to overall results.

ENTRY FEE

Bank account: Fundacja Rozwoju Polskiej Orientacji Sportowej,

ING Bank Śląski SA: 81 1050 1025 1000 0091 1897 3966

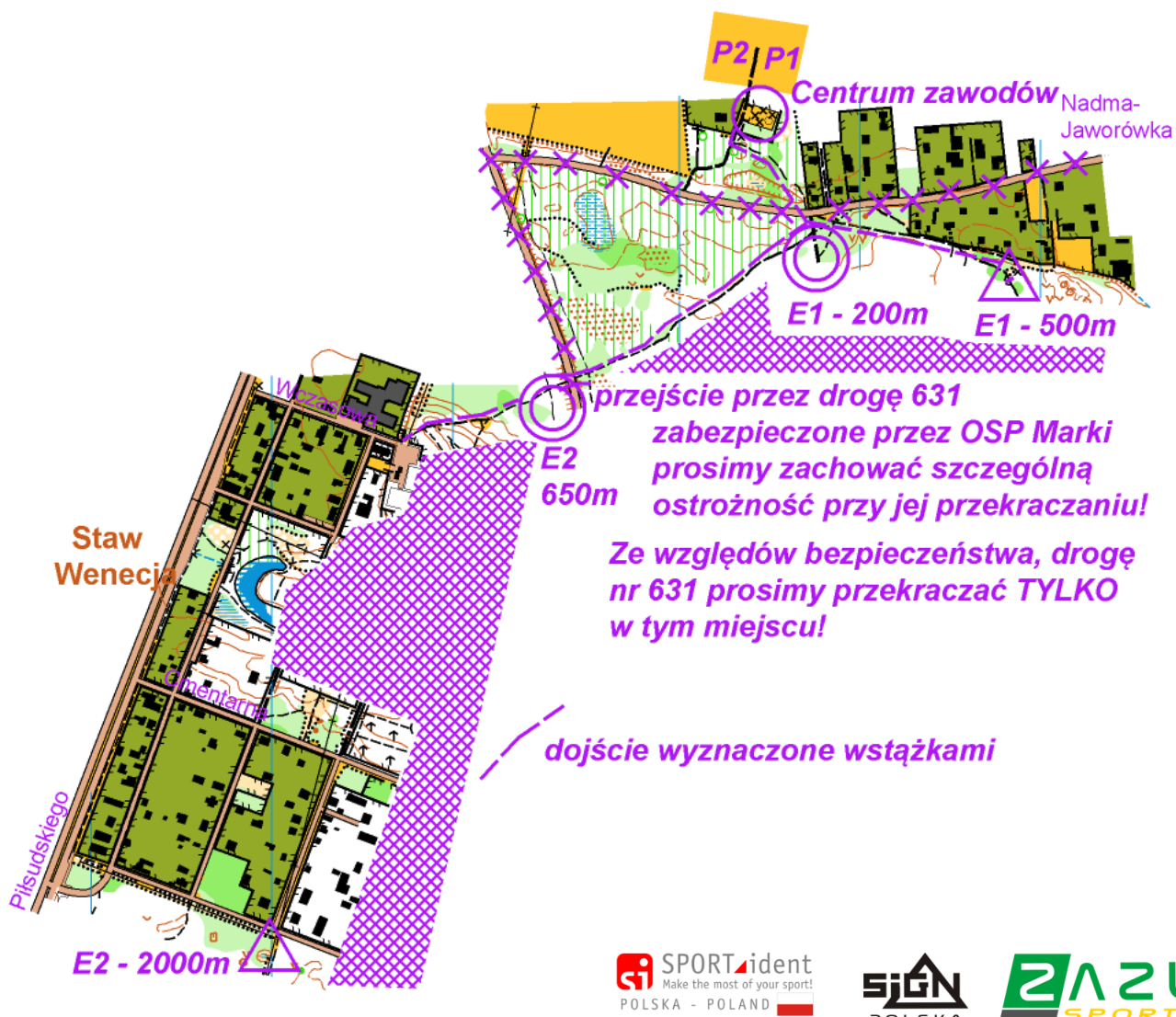
Card payments possible at Event Office – preferably or by cash.

Age	Under 14 years	15-18 years	Above 19 years
I termin/II termin	30 / 40 PLN	40 / 50 PLN	50 / 60 PLN
WMZOS I / II termin	15 / 20 (KM12-14) PLN	20 / 25 PLN	

PUNCHING SYSTEM

During Warszawska Mila all stadion will be set into **contactless punching mode AIR+**.

Runners using SIACs **cross the finish line without punching any station**. Runners with older SI cards must punch the finish station.



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SPORTS

MAPS

All classes apart K21A and M21A run with 1:7500 map during Stage 1.

All classes apart K21A, M21A, M35, M40 run with 1:7500 map during Stage 2.

COURSE DETAILS

	km	m	PK		km	m	PK	
ETAP 1 - 25.07.2020 - HOROWA GÓRA	M10	1,8	20	5	M10	1,5	20	6
	M12	2,4	20	9	M12	2,5	40	10
	M14	3,3	40	13	M14	3,4	60	12
	M16	3,8	60	15	M16	3,7	70	14
	M18	4,5	70	18	M18	4,5	90	17
	M20/21B	5,2	90	18	M20/21B	4,6	90	18
	M21A	7,2	110	25	M21A	7,2	140	27
	M35/40	5,4	90	21	M35/40	5,6	100	20
	M45/50	4,8	80	20	M45/50	4,7	90	18
	M55/60	4,5	70	18	M55/60	4,5	90	18
	M65/70	3,9	60	16	M65/70	3,9	70	15
	M75/80	2,8	30	12	M75/80	2,5	50	11
	M85	1,6	20	7	M85	1,7	20	6
	M90/K85	1,5	20	7	M90/K85	1,6	20	6
	K10	1,8	20	5	K10	1,6	20	6
	K12	2,4	30	10	K12	2,2	40	8
	K14	3,2	40	12	K14	3,1	60	14
	K16	3,5	50	14	K16	3,6	70	14
	K18	4,3	60	16	K18	3,8	70	15
	K20/21B	4,3	70	18	K20/21B	4,1	70	18
K21A	5,5	80	21	K21A	5,5	100	19	
K35/40	3,8	50	16	K35/40	3,9	80	15	
K45/50	3,3	50	13	K45/50	2,9	50	13	
K55/60	2,8	40	11	K55/60	2,6	50	12	
K65/70	2,4	30	11	K65/70	2,2	40	10	
K75/80	1,9	20	9	K75/80	2,1	30	8	
OPEN 1	2,9	40	9	OPEN 1	3,1	60	11	
OPEN 2	4,6	70	16	OPEN 2	4,3	70	17	
KM10N	2,7	20	5	KM10N	2,4	20	5	
10R	2,7	20	6	10R	2,4	20	6	